

# Unit Outline (Higher Education)

<b>Institute / School:</b>	Institute of Health and Wellbeing
<b>Unit Title:</b>	POPULATION AND GLOBAL HEALTH PERSPECTIVES
<b>Unit ID:</b>	HEALT2006
<b>Credit Points:</b>	15.00
<b>Prerequisite(s):</b>	Nil
<b>Co-requisite(s):</b>	Nil
<b>Exclusion(s):</b>	Nil
<b>ASCED:</b>	061307

## Description of the Unit:

This unit enables students to better understand the health status of Australians through examining various health issues, health indicators and in making global comparisons. This unit also discusses health status variations amongst certain population groups and examines efforts in addressing these. The role of government and non-government agencies, both nationally and internationally, are examined in their efforts to address health issues. The relationships between health, human development and sustainability is also a key focus with emphasis on being able to describe and evaluate health and health programs implemented by these agencies.

**Grade Scheme:** Graded (HD, D, C, P, MF, F, XF)

## Work Experience:

No work experience: Student is not undertaking work experience in industry.

**Placement Component:** No

**Supplementary Assessment:** Yes

Where supplementary assessment is available a student must have failed overall in the Unit but gained a final mark of 45 per cent or above, has completed all major assessment tasks (including all sub-components where a task has multiple parts) as specified in the Unit Description and is not eligible for any other form of supplementary assessment

**Course Level:**

Level of Unit in Course	AQF Level of Course					
	5	6	7	8	9	10
Introductory	■	■	■	■	■	■
Intermediate	■	■	✓	■	■	■
Advanced	■	■	■	■	■	■

### Learning Outcomes:

#### Knowledge:

- K1.** Identify the multiple factors, including genetic, environmental, lifestyle, and socio-cultural factors, which influence the health and individual human development of Australia's adults
- K2.** Explain social, political, cultural and economic issues related to the health of individuals and communities
- K3.** Examine and describe different models for understanding health and health related behaviour
- K4.** Identify the historical development of health promotion and health education locally and globally
- K5.** Discuss and analyse approaches to health and health promotion
- K6.** Compare and contrast Australia's health and the health care system, with that of other developed countries
- K7.** Identify a range of issues having an impact on Australia's health care system and the different roles of government and non-government agencies in promoting health
- K8.** Understand the interrelationship between health, human development and sustainability
- K9.** Describe and evaluate efforts implemented locally, nationally and globally to promote health, human development and sustainability
- K10.** Develop the knowledge necessary to understand the principles of adopting and sustaining healthy lifestyle practices
- K11.** Describe the role of international and Australian government and non-government agencies and organisations in global health and sustainable human development

#### Skills:

- S1.** Analyse data and reflect critically on the biological, behavioural and socio-cultural factors effecting health and their contribution to the variations in health status between individuals and particular groups
- S2.** Analyse the different approaches to health and health promotion
- S3.** Use, interpret and analyse data to draw informed conclusions about the health status and human development of Australians and of developing countries
- S4.** Explain variations in health status of population groups in Australia including rural populations, indigenous populations and other selected groups
- S5.** Analyse and evaluate strategies and programs in terms of their contribution to health and sustainable human development
- S6.** Work collaboratively in a team to achieve goals within appropriate timeframes

#### Application of knowledge and skills:

- A1.** Research and present a particular health issue in detail, and analyse the impact that issue has at a nationally and globally level
- A2.** Research a particular health issue in detail, analysing the determining factors and critically evaluating current efforts in addressing it

**Unit Content:**

Topics may include:

- Defining Health, Sustainability and Human Development
  - A historical perspective of health
  - Dimensions of health
  - The Human Development Index
  - Interrelationships between health, human development and sustainability
  - Measures of health (mortality, morbidity, DALYs, Burden of disease etc)
- Theories of Health and of Health Promotion
  - Health behaviour theory
  - Biomedical model
  - Ottawa Charter
- Health Determining Factors
  - Biological, behavioural and socio-cultural factors
  - The Social Model of Health
- Australia's Health and a global perspective
  - Issues in health with a focus on
    - Stress, Mental Health and resilience, Depression and Suicide
    - Diabetes
    - Cardiovascular Disease
    - Obesity, Exercise for Health and Body Image
    - Asthma
    - Cancer, Early detection
    - Other health issues including
      - Immunisation, Immunity and Infection
      - Ageing, Death and Euthanasia
      - Consumer Health
      - Environmental Health
- The Health Care System
  - Australian Health Care System
  - Medicare, PBS, private health care
  - Government and non-government agencies
  - International health care systems
- National and International Health Promotion & Human Development
  - WHO and Australian Aid/DFAT
  - Assessment, planning, implementation and evaluation of health promotion programs
  - Community organisation and development
  - Appropriateness, affordability and equity in Health Promotion
  - Sustainability in health promotion

**Learning Task and Assessment:**

Learning Outcomes Assessed	Assessment Tasks	Assessment Type	Weighting
K1-K4, K7, K8, K10, K11	Self-directed study of unit content	Online Quizzes	10% - 20%
K1, K2, K7 S3, S4, S6, A1	Analysis of a global health issue and its impact	Report	40%-60%
K1, K2, K5-K11, S1, S2, S5, S6, A1, A2	A critical analysis of the determining factors and evaluation of current efforts in addressing a particular health issue	Essay	20% - 40%

**Adopted Reference Style:**

APA

Refer to the [library website](#) for more information

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